



THE SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA

ELDER MULLAN

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THE SPIRITUAL EXERCISES OF ST. IGNATIUS OF LOYOLA

TRANSLATED FROM THE AUTOGRAPH BY
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The Spiritual Exercises of St. Ignatius of Loyola translated by Elder Mullan.

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and with this, growing lazy, they become negligent in the works which lead to the salvation and the spiritual⁴² profit of their souls.

Sixteenth Rule. In the same way, we must be on our guard that by talking much and with much insistence of faith, without any distinction and explanation, occasion be not given to the people to be lazy and slothful in works, whether before faith is formed in charity or after.

Seventeenth Rule. Likewise, we ought not to speak so much with insistence on grace that the poison of discarding liberty be engendered.

So that of faith and grace one can speak as much as is possible with the Divine help for the greater praise of His Divine Majesty, but not in such way, nor in such manners, especially in our so dangerous times, that works and free will receive any harm, or be held for nothing.

Eighteenth Rule. Although serving God our Lord much out of pure love is to be esteemed above all; we ought to praise much the fear of His Divine Majesty, because not only filial fear is a thing pious and most holy, but even servile fear -- when the man reaches nothing else better or more useful -- helps much to get out of mortal sin. And when he is out, he easily comes to filial fear, which is all acceptable and grateful to God our Lord: as being at one with the Divine Love.

⁴² Spiritual is added in St. Ignatius' handwriting.