



THE LAW OF MIND IN ACTION

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ACTION**

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My Good-Night Prayer

We identify our life with the life or thought that sustains the thing; so that the supreme affirmation is the assertion that we, and thought, and thing are one, accompanied with the deep feeling of the truth of our statement. It is to say and feel, "I am supply. I am riches. My thought is my wealth and my riches when I identify it with the thought of Spirit."

This is the reason, therefore, that we frequently say, "I am."

"One sits behind the awful change
And calmly says, 'I am.'
Above the sky, though storm clouds fly.
Though Justice bleed, and peoples die
While nations follow the great lie,
I am and still I am.
The sun shall rise; the grass shall grow,
The clouds across the sky shall go.
The ancient rivers still shall flow,
I am and still I am."¹

Realization.

Infinite Life, I live and breath in Thee. I am Thine. I am Thy life made manifest. I am Thy center of self realization. I am Thy love come forth to form. I am Thy great adventure into individuality. I, too, am love. I, too, am life.

I, too, am peace. I, too, am the nameless substance. I, too, am spirit. I am life abundant. I am that which is. I am undying substance. I cannot die, for I am life. I cannot be sick, for I am health. I cannot be unhappy, for I am joy.

I turn from all that is negative that I may realize the great affirmative. I am. I am. I am. Why should I fear? I am. No danger can come to me. I am. I am spirit and I am life.

I cannot be lost for I am in the Divine Mind. I cannot stray, for Thou art everywhere. I am. Let me rest in the calm and peace today, and when problems vex and things get out of place let me enter into the secret place of the Most High, let me bide a while under the shadow of the

¹ Edwin Davies Schoonmaker in Nautilus, January, 1918.

